



Start a School Club

Everything you need to know to start your own Smiling Tummies Club at school!

WHY SHOULD I START A SMILING TUMMIES CLUB AT SCHOOL?

One of the things that makes Smiling Tummies unique is the fact that it was started by our President, Namilla Sanchez, when she was only 16 years old. Today, Smiling Tummies is run primarily by a group of young adults.

Our mission is to end hunger in America by providing food and aid to those in need. How do we hope to achieve this? By raising awareness amongst the youth—our country's future leaders—and getting them involved in the fight. Anyone, regardless of age, can make a difference. Schools clubs are an excellent way of encouraging kids of all ages to make a difference.

HOW DO I START A SCHOOL CLUB?

- Get a group of friends together to show that there is an interest in starting a Smiling Tummies club.
- All school clubs need a teacher sponsor. Do you know a teacher at your school that might be interested? Ask them!
- Once you have a sponsor, talk to your activities director or principal. Teacher sponsors need to get paid and they are in charge of finding the money in their budget to do so. Plead your case, tell them why you want to start the club and how you'll make a difference in your community!
- If you're club is approved, send us an email: smilingtummies@gmail.com and we'll help you get started!

WHAT ACTIVITIES CAN WE DO?

- Check the Smiling Tummies calendar online or email us (smilingtummies@gmail.com) to find out about upcoming events!
- Host holiday food drives. You can make baskets for thanksgiving and give to families in need from your school.
- Have a PB&J sandwich making event and donate them to your local food bank.
- Do fundraising events such as Jean Day and you can even donate them to Smiling Tummies.
- Be creative in finding new ways to help!